

Quick Start Guide

DIGITIVA™ Mobile Application



Your heart in good hands.™



Step 1: Download the DIGITIVA Mobile Application to Begin Setup



Step 2: Create Your Account

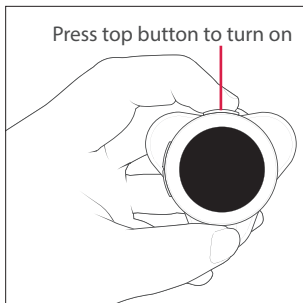
Open the DIGITIVA app and set up your account. You will need to type in the program ID located on the front page of this Quick Start Guide during your account setup.

After your account is created, the app walks you through:

- Step 3: Learn How to Use Your Digital Stethoscope (optional)
- Step 4: Connect Your Digital Stethoscope with the DIGITIVA App
- Step 5: Take Your Daily Heart Health Recording

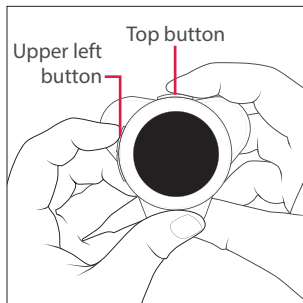
Step 3: Learn How to Use Your Digital Stethoscope (optional)

Follow the on-screen instructions to learn about the parts and features of your digital stethoscope.



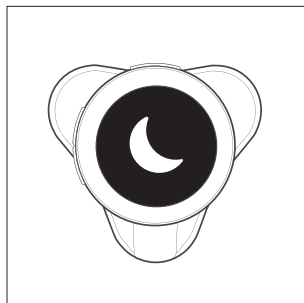
How to power on

To turn on the digital stethoscope, press the top button.



How to power off

1. To turn off the digital stethoscope, press the top button and the upper left button at the same time.
2. Press the upper left button again to confirm the shutdown.

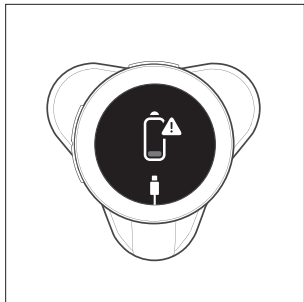


Sleep mode

To save battery life, the digital stethoscope automatically goes to sleep after a short period of not being used.

Pick up the device or press the top button to wake it up.

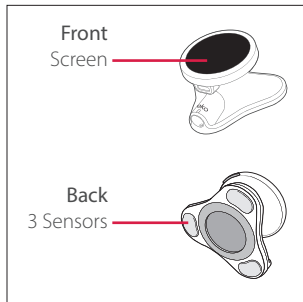
Step 3: Learn How to Use Your Digital Stethoscope (optional) (continued)



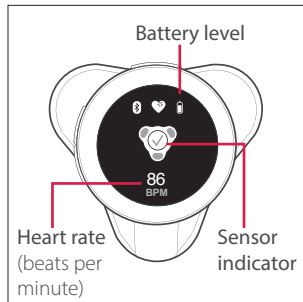
Charging your digital stethoscope

Plug the USB-C end of the supplied charging cord into the port under the screen to charge your digital stethoscope's battery.

Do not take a recording while charging.



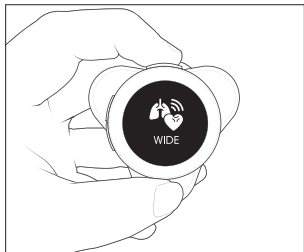
Parts of your digital stethoscope



Digital stethoscope screen

Step 3: Learn How to Use Your Digital Stethoscope (optional) (continued)

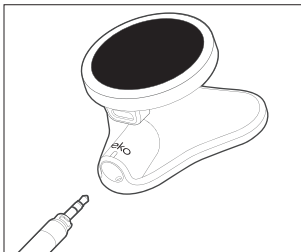
Your digital stethoscope has 3 functions that are for **healthcare provider use only**. You **do not** need to use these functions at home. Accessing these functions **will not** affect the quality of your heart health recordings.



Healthcare provider function not necessary for patient use

Audio modes

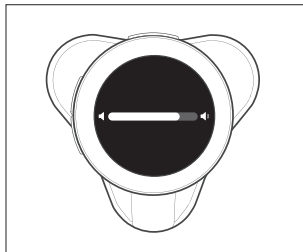
Short pressing the top button (less than 1 second) selects various audio filters.



Healthcare provider function not necessary for patient use

Earpiece attachment port

The circular opening on the bottom of the digital stethoscope is a port for an optional earpiece attachment (not included) for healthcare provider use only.



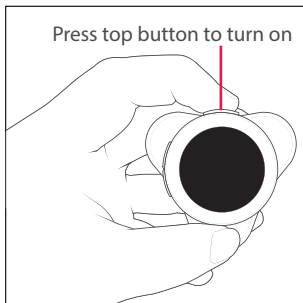
Healthcare provider function not necessary for patient use

Volume controls

Pressing either button on the left side of the digital stethoscope adjusts the volume of the earpiece attachment (not included) that a healthcare provider would use in their office.

Step 4: Connect Your Digital Stethoscope with the DIGITIVA App

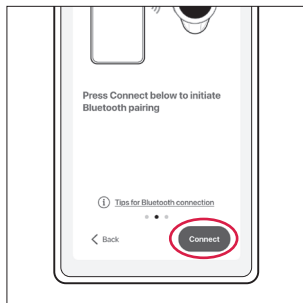
Follow the on-screen instructions to connect your digital stethoscope with the DIGITIVA app via Bluetooth.



Turn on the digital stethoscope to connect

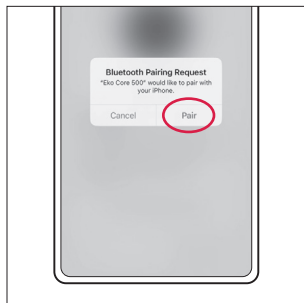
Rotate your digital stethoscope to find the top button on the top edge of the screen.

Press the top button on your digital stethoscope to turn it on.



Press Connect in the DIGITIVA app to initiate Bluetooth pairing

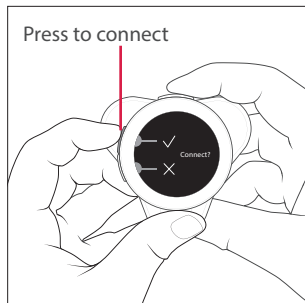
Once you press Connect, wait for a few seconds while your mobile device discovers your digital stethoscope.



Press Pair to connect your digital stethoscope with your mobile device

Your digital stethoscope must be paired with your mobile device to be able to document heart health recordings.

Step 4: Connect Your Digital Stethoscope with the DIGITIVA App (continued)



Press the upper left button to connect

Once you see the confirmation screen on your digital stethoscope, press the upper left button of your digital stethoscope that corresponds with the check mark to confirm connection to your mobile device via Bluetooth.

Tips for Bluetooth Connection

Reduce distance

Make sure there aren't objects such as walls, furniture, or people between the digital stethoscope and your mobile device. Reduce the distance between the digital stethoscope and your mobile device.

Reduce interference

Keep the digital stethoscope at least 6 feet away from radiofrequency (RF) emitters, such as Wi-Fi routers, other mobile and cordless phones, medical scanners, radar systems, and microwave ovens.

Lost connection

You'll lose Bluetooth connection if you force close the DIGITIVA app or turn off the digital stethoscope. On the digital stethoscope, the Bluetooth symbol has a slash through it when it's no longer connected.

To regain connection:

1. Turn on the digital stethoscope.
2. Open the DIGITIVA app and re-connect the digital stethoscope.

Step 5: Learn How to Take Your Daily Heart Health Recording

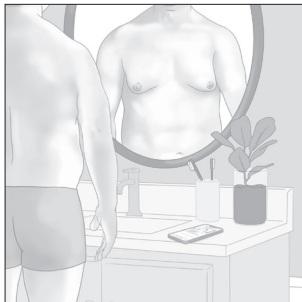
Follow the on-screen instructions to learn how to take your first heart health recording with your digital stethoscope. You will not begin your heart health recording until reaching the screen "Recording 1 of 4."



Find an appropriate place to take a recording

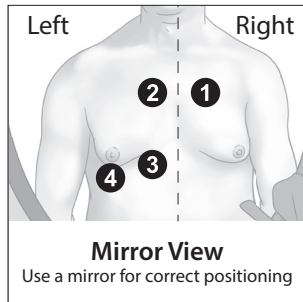
Find a place away from other electronics such as Wi-Fi routers or radios.

Do not talk while taking your recording.



Stand in front of a mirror so you can see your upper body

Hold the digital stethoscope in your right hand with the top button facing up and the sensors facing your chest.

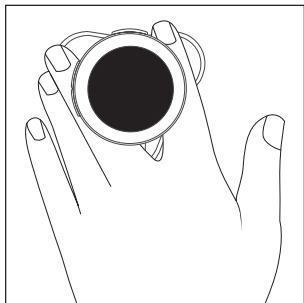


Heart health recording locations

You will take **4 recordings** at the locations shown above by placing the digital stethoscope on the exact location as shown above. Correct positioning will lead to a better heart health recording.

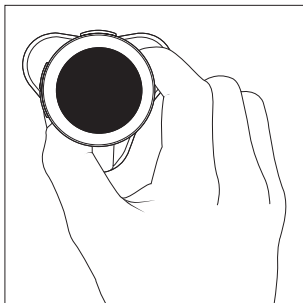
Step 5: Take Your Daily Heart Health Recording (continued)

There are a few ways you can hold the digital stethoscope while taking your daily heart health recording. It will not affect the quality of your heart health recording if your fingers touch the buttons on the digital stethoscope.



Y grip

You can use a Y grip between the middle and pointer finger or between the middle and ring finger. This grasp helps you put pressure on the sensors for a clear signal.



C grip

Another position you can use to take a recording is the C grip. This grasp allows for steady pressure against the skin for good contact and a clear signal.

Tips for a Good Recording Signal

Skin contact

You may need to adjust your clothing and anatomy, such as a bra or breast tissue, to get the best contact between the digital stethoscope and your skin. **Do not** allow the digital stethoscope to touch clothing during recording.

Device interference

Find a place away from other electronics such as Wi-Fi routers or radios.

Where to take a recording

Use a mirror, such as a bathroom mirror, to aid with proper placement of the device on your body. Best placement can vary. The digital stethoscope is sensitive to vibration and hand movement. Apply steady pressure against the body to ensure good contact. **Do not** press hard.

Skin preparation

If you are having difficulty getting a good heart health recording, use an alcohol wipe to remove any lotions or body oils from where you are taking the recordings. If possible, trim body hair where you will be taking the recordings.

Learn More

For support through our Patient Services Team please call (855)-348-6069.

To view the full DIGITIVA Instructions for Use, go to www.digitiva.com/resources/ifu.

To view the digital stethoscope (Eko CORE 500™) Instructions for Use, go to www.ekohealth.com/ifu.

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